





January 2022



NEW HOURS! Mon.-Thurs. 10-7:30pm
Fri. 10-6pm, Sat. 9-2pm
 (Last Fri. of month Opened till 8pm)

32 Common Street Walpole, MA 02081 / 508-668-3960 / Zoom ID: 5086683960

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 CLOSED	2
3 4pm Wellness Planning	4 12pm Community Meeting 7pm Family Recovery Support	5 12pm SMART RECOVERY Zoom/In Person	6 *Opened 4-8pm 6:30pm Your TURNing Point Fire Pit Meeting IN-Person Only 	7 12pm CAPRSS 101 Webinar In-Person	8 10:30am Navigating the New Year Support Group	9
10 4pm Wellness Planning	11 12pm Community Meeting 6:30pm Family Recovery Support	12 12pm SMART RECOVERY Zoom/In Person	13 6:30pm Your TURNing Point Fire Pit Meeting IN-Person Only	14	15 10:30am Navigating the New Year Support Group	16
17 CLOSED Martin Luther King Jr. Observance... Details to Follow	18 12pm Community Meeting 6:30pm Family Recovery Support	19 12pm SMART RECOVERY Zoom/In Person 2-3pm NRI Training – Motivational Interview Skills	20 6:30pm Your TURNing Point Fire Pit Meeting IN-Person Only	21 12pm CAPRSS 201 Webinar In-Person	22 10:30am Navigating the New Year Support Group	23
24 4pm Wellness Planning	25 12pm Community Meeting 6:30pm Family Recovery Support	26 12pm SMART RECOVERY Zoom/In Person 5:30-7pm- Fit2Recover Workshop	27 6:30pm Your TURNing Point Fire Pit Meeting IN-Person Only	28 Opened 10-8pm 5pm Family Matters Dinner	29 10:30am Navigating the New Year Support Group	30

Family Matters Dinner (In-Person Only) Join us as we share a meal, share some good conversation, and share support for one another.

Family Recovery Support (In-Person Only) - Our family support group will offer a confidential, supportive, and respectful space to share our experiences, strength, and hope when it comes to coping with our loved one's addiction. This group is offered in-person only.

Navigating the New Year (In-Person Only)- As the New Year comes around it tends to bring a buzz of excitement, change, or hope for many. Then it seems to fizzle off and we're right back where we started. How can we continue in helping to support one another in our recovery journeys through the ups and downs we're bound to encounter along the way.

National Institute of Recovery (NRI) Training (Motivational Interviewing Skills that Promote Peer Empowerment) – Persuasion vs. Empowerment! This session will be an overview of the skills and techniques that give peers in recovery the tools and confidence to make their own healthy choices.

SMART Recovery (Zoom) - A science-based self-help support group whose methods can be used to alter any negative thinking or behavior (substance abuse, eating disorders, gambling, etc.) Brought to you by The New Way Recovery Center!

Wellness Planning (In-Person/Zoom) – This group is a great way to plan your week ahead in a supportive team setting. We hope to assist one another in creating structure and accountability by touching on and learning all the different methods and practices of wellness. We learn from each other.

Your TURNing Point Recovery Support Meeting (In-Person Only)- This meeting is for anyone striving for recovery no matter what the specific substance may be. Each meeting, we have 3 topics to choose from, followed by a reading and discussion format in hopes everyone gets a TURN to share on the topic or whatever is on your mind at the time.

Together We Can

