



32 Common Street Walpole, MA 02081 / 508-668-3960

# November 2022



Mon.-Thurs. 10-7:30pm  
Fri. 10-6pm, 2<sup>nd</sup> Fri. of month  
Opened till 8p / Sat. 9-2pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p><b>1</b></p> <p>12pm Community Meeting 6:30-8pm Family Recovery Support</p>	<p><b>2</b></p> <p>12pm Wellness Wednesdays 6pm <b>Pranayama Breathing &amp; Gong Bath</b> 7pm YP AA Fire Pit Meeting</p>	<p><b>3</b></p> <p>5:00 pm <b>Friendsgiving planning meeting</b> 6:30pm Your TURNing Point Fire Pit Meeting</p>	<p><b>4</b></p>	<p><b>5</b></p> <p>10:30 Navigating Through</p>	<p><b>6</b></p>
<p><b>7</b></p> <p>6-7pm <b>Zensational Art- Class 1 - The Basics</b></p>	<p><b>8</b></p> <p>12pm Community Meeting 6:00p-8:00 Recovery Cooking 101 with Dan B 6:30-8pm Family Recovery Support</p>	<p><b>9</b></p> <p>12pm Wellness Wednesdays 1:00 – 3:30p Reiki with Ruthie 5:15 – 6:15p <b>Steps 4-7 workshop</b> 7pm YP AA Fire Pit Meeting</p>	<p><b>10</b></p> <p>6:30pm Your TURNing Point Fire Pit Meeting</p> 	<p><b>11</b></p> <p><b>Veteran's Luncheon</b></p>	<p><b>12</b></p> <p>9:00 – 10:00a <b>Steps 1-3 workshop</b> 9:30 – 10:30 <b>Steps 8-12 workshop</b> 10:30 Navigating Through</p>	<p><b>13</b></p>
<p><b>14</b></p> <p>6-7pm <b>Zensational Art- Class 2 - Creative Expression for calming the mind</b> 6:00-7:30pm <b>Common Ground Book- We are the Luckiest by Laura McKowen</b></p>	<p><b>15</b></p> <p>12pm Community Meeting 6:30-8pm Family Recovery Support</p>	<p><b>16</b></p> <p>12pm Wellness Wednesdays 5:15 – 6:15p <b>Steps 4-7 workshop</b> 6pm <b>Pranayama Breathing &amp; Gong Bath</b> 7pm YP AA Fire Pit Meeting</p>	<p><b>17</b></p> <p>12:00 – 1:00p Great American Smoke out! 5:00 – 6:30p - <b>Occupational Wellness with Gerard</b> 6:30pm Your TURNing Point Fire Pit Meeting</p>	<p><b>18</b></p> <p><b>2-6pm Holiday Decorating + DIY Surprise Crafting w/ Jeanette and Katie!</b> <b>Decorating Party come decorate the center</b></p>	<p><b>19</b></p> <p>9:00- 10:00a <b>Steps 1-3 workshop</b> 9:30 Reiki with Mari 9:30 – 10:30 <b>Steps 8-12 workshop</b> 10:30 Navigating Through 1:00 <b>Friendsgiving Meal</b></p>	<p><b>20</b></p>
<p><b>21</b></p> <p>6-7pm <b>Zensational Art- Class 3 - Breathing thru Art</b></p>	<p><b>22</b></p> <p>12pm Community Meeting 6:30-8pm Family Recovery Support</p>	<p><b>23</b></p> <p>12pm Wellness Wednesdays 1:00 – 3:30p Reiki with Ruthie 5:15 – 6:15p <b>Steps 4-7 workshop</b> 7pm YP AA Fire Pit Meeting</p>	<p><b>24</b></p> <p>Closed for Thanksgiving</p>	<p><b>25</b></p> <p>Open 10:00 – 12:00 only 10-12pm <b>Gingerbread House Workshop</b></p>	<p><b>26</b></p> <p>9:00 – 10:00a <b>Steps 1-3 workshop</b> 9:30 – 10:30 <b>Steps 8-12 workshop</b> 10:30 Navigating Through</p>	<p><b>27</b></p>
<p><b>28</b></p>	<p><b>29</b></p> <p>12pm Community Meeting 6:00p-8:00 Recovery Cooking 101 with Dan B 6:30-8pm Family Recovery Support</p>	<p><b>30</b></p> <p>12pm Wellness Wednesdays 5:15 – 6:15p <b>Steps 4-7 workshop</b> 6pm <b>Pranayama Breathing &amp; Gong Bath</b> 7pm YP AA Fire Pit Meeting</p>				