

# TURNING POINT RECOVERY SUPPORT CENTER

## CODE OF CONDUCT & CORE VALUES

We can't have wellness without WE.  
As a community:

### **We**

Fundamentally believe that every individual deserves to be heard, seen, and have the same opportunities as everyone else.

### **Empathy**

Receive all with empathy by expressing compassion and sensitivity towards one another's feelings and experiences.

### **Leadership**

Are leaders of our recovery, and support others to become leaders of their recovery.

### **Laughter**

Bring humor and joy, so that laughter and fun are a part of recovery.

### **Navigate**

Point individuals to resources and pathways as they navigate their recovery journey.

### **Empowerment**

Model how each individual is empowered to create recovery goals by using self-determination, self-direction, and choice.

### **Sincerity**

Will communicate with sincerity, to one another, by being patient, honest, and forthright.

### **Safety**

Establish an environment where everyone can safely share, knowing that their well-being, privacy, and confidentiality are protected.

## WE ALL HAVE SOMETHING TO OFFER

Come be a part of a safe, supportive, non judgmental environment where we can grow together. Through peer to peer support, wellness planning, and self care practices, we will strive to live with a sense of pride and purpose, because..... **you are worth it!**

### CONTACT INFORMATION

#### **website**

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Together We Can:  
BUILD community  
EMPOWER each other  
LIVE joyous and FREE!





## WHAT IS A RECOVERY SUPPORT CENTER ORGANIZATION?

Peer Recovery Support Centers are made up of peer staff and volunteers who are people in recovery who support others in their recovery. Services are free and include support groups, social events, computer access and much more.

Turning Point Recovery Support Center is funded by a grant through the Department of Public Health (DPH) Massachusetts Bureau of Substance Addiction Services (BSAS) and is hosted by Bay State Community Services.

### Who are Peer Workers?

Peer support workers engage in a wide range of activities that include:

- Advocating for people in recovery
- Sharing resources and building skills
- Building community and relationships
- Leading recovery groups
- Setting and accomplishing goals

-SAMHSA

## ABOUT TURNING POINT RECOVERY SUPPORT CENTER

The Turning Point Recovery Support Center is a free, safe, and supportive space for people who have been affected by substance use disorders. We are a community rooted in all paths to recovery and wellness practice, believing that together we learn, share, and grow in order to build a healthy and fulfilling life.

At the core of Turning Point is the deep and abiding belief that recovery is possible for everyone. Each individual brings their own unique story to the center. It is through sharing these stories, which are filled with a lifetime of experiences, that we learn and teach one another the valuable lessons of recovery. The safe and supportive community of Turning Point, coupled with sharing our "lived experiences" allows everyone who comes to the Center to grow far beyond our substance use.

## OUR MISSION

We are a turning point for empowered recovery; we share our lived experience to advocate for recovery built upon dignity, hope, respect, and kindness.

## OUR VISION

Our hope is to see a recovery-centered community in the heart of every community.

## GROUPS/ACTIVITIES

- + Zoom and IN-person meetings
- + Exercise
- + Mindfulness
- + Book clubs
- + Hope for the holidays
- + Volunteer/recreation block nights
- + And much more!

Come build your recovery network with us!  
We are here for you.

