

MBHP

Massachusetts Behavioral
Health Partnership

A Carelon Behavioral Health Company

Addiction and Mental Health Recovery Peer Support Resource Guide

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Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

Update: Many peer recovery support centers have started to open. They are open for in-person supports while following COVID safety guidelines. Contact the centers directly for the most current information.

Community-based Peer Recovery Support Centers are funded by the Department of Public Health. They give individuals with alcohol and/substance use disorder issues and/or families affected by addictions a place to both offer and receive support. These centers are mostly run by volunteers. Members help choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth, with an additional five to be funded. Below is a listing of current information on the Peer Recovery Support Centers as of February 2021.

Western Massachusetts

Recover Project

Update: Recover Project has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Please call or visit the Facebook page for the most current information.

Contact: Abbi Cushing, Program Director

68 Federal St,

Greenfield, MA 01301

Phone: (413) 774-5489, Ext. 103

Fax: (413) 774-6039

Email: ACushing@wmtcinfo.org

Website: www.recoverproject.org/ or <https://www.facebook.com/TheRECOVERProject/>

Hope for Holyoke Recovery Support Center

Update: The Center has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Hope for Holyoke has many online support groups and meetings. Information is listed on the Facebook page. For the most current information please check the Facebook page or call as hours are subject to change as safety guidelines are adjusted.

Contact: Raymond Rodriguez, Director

100 Suffolk St.

Holyoke, MA 01040

Phone: (413) 561-1020

Email: Rrodriguez2@gandaracenter.org

Website: <http://www.gandaracenter.org/hopeforholyoke/> or

<https://www.facebook.com/HFHRC/>

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Valor Recovery Support Center

Update: The center has reopened with a limit to how many people can be in the building. Please call the center at (413) 320-3546. You can reserve a spot or get updates. Information on the Springfield Recovery Center's in-person and online meetings is posted on its Facebook page.

Program Director: Maria Lopez; Assistant Director David Robinson

383 Worthington St.

Springfield, MA 01105

Phone: (413) 507-3635

Email: mlopez@gandaracenter.org; drobinson@gandaracenter.org

Website: <https://www.facebook.com/valorrecoverycenter/>

<https://www.gandaracenter.org/valor-springfield-recovery-center>

Living in Recovery

Director: Julie MacDonald

75 North St.

Pittsfield, MA 01201

Phone: (413) 570-8243

Email: jmacdonald@servicenet.org; livinginrecoverypittsfield@gmail.com

Website: or <http://www.facebook.com/livinginrecoverypittsfield/> or

<https://www.livinginrecoverypittsfield.org/>

Northampton Recovery Center

Contact: Trevor Dayton, Outreach Coordinator

25 Armory St

Northampton, MA 01060

Phone: (413) 834-4127

Email: tdayton@wmtcinfo.org or info@northamptonrecoverycenter.org

Website: <https://www.northamptonrecoverycenter.org/> or

<https://www.facebook.com/northamptonrecoverycenter.org>

Central Massachusetts

Everyday Miracles

Contact: Michael Earielo, Program Director

25 Pleasant St.

Worcester, MA 01609

Phone: (774) 670-4622

Email: Michael.earielo@spectrumsystems.org or everydaymiracles@spectrumsys.org

Website: <https://everydaymiraclesprsc.com/> or <https://www.facebook.com/EDMPeers/>

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No One Walks Alone (NOWA)

Update: NOWA is currently open and still holding hybrid meetings online. Please visit our app or website for more information!

Contact: Laura Hutchinson, Program Director, Volunteer Coordinator
9 Spring St.

Whitinsville, MA 01588

Phone: (508) 266-0210

Email: hutchinson@familycontinuity.org

Website: <https://nowarsc.org/> and <https://www.facebook.com/NOWARSC>

App: <https://nowaedm.glideapp.io/>

Alyssa's Place

Update: Alyssa's Place has re-opened, but many meetings are still hybrid. Please call or visit the website and Facebook page for the most current information.

Contact: Jackie Morse, Program Director

297 Central St.

Gardner, MA 01440

Phone: (978) 364-0920

Email: jmorse@gaamha.org

Website: <https://www.alyssasplace.org/> and <https://www.facebook.com/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774>

Northeast Massachusetts

New Beginnings Peer Recovery Center

Update: The center is open by appointment for members and others who could need the center's resources. Check the current Facebook page for online meetings and other support.

Contact: Joanna Morillo, Program Director; Socrates Dominguez, Assistant Program Director
487 Essex St.

Lawrence, MA 01840

Phone: (978) 655-3674

Fax: (978) 258-4355

Email: joanna.morillo@spectrumhealthsystems.org; socrates.dominguez@spectrumsys.org

Website: <http://www.newbeginningsprc.org/> or

www.facebook.com/NewBeginningsPeerRecoveryCenter/

Lowell Recovery Café

Update: The Recovery Cafe' has reopened. They have limited capacity and are following COVID safety protocols. Please call the Recovery Cafe' or visit their Facebook group for the most up to date information.

Contact: Rich Hollett, Division Director of Recovery Support Services; Nicole Cardelle,
Program Director

20 Williams St.

Lowell, MA 01852

Phone: (978) 677-6087

Email: rhollett@lowellhouseinc.org; ncardelle@lowellhouseinc.org

Website: <https://www.lowellhouseinc.org/recovery-cafe> or

<https://www.facebook.com/recoverycafelowell/>

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Lynn Peer Recovery Support Center – Coming Soon

The Bridge Recovery Center

Update: The Bridge Recovery Center has re-opened, but hybrid meetings on Zoom are still available. Please see the Facebook page for the most up to date information.

Contact: Kimmy Perry, Program Director

239 Commercial St.

Malden, MA 02148

Phone: (781) 480-4937

Email: tperry@maldenovercomingaddiction.com

Website: <https://www.bridgerecoverycenter.org/> or

<https://www.facebook.com/thebridgerecoverycenter>

Metro West Massachusetts

The Recovery Connection

Update: The Recovery Connection has moved to hybrid programming. This includes in-person and virtual meetings. Please contact the Recovery Connection at (508) 485-0298 for the most current information.

Contact: Carmen Ortiz, Program Director

31 Main St.

Marlborough, MA 01752

Phone: (508) 485-0298

Fax: (508) 485-0312

Email: Carmen.Ortiz@spectrumhealthsystems.org

Website: <http://www.therecoveryconnection.org/> or

<https://www.facebook.com/TheRecoveryConnection.org/>

A New Way Recovery Center

Update: The center has reopened with a limited capacity. They are following COVID-19 safety guidelines. Please contact the New Way Recovery Center at (617) 302-3287 for the most current information.

Contact: Warren Nicoli, Program Director

85 Quincy Ave., Suite B

Quincy, MA 02169

Phone: (617) 302-3287

Fax: (617) 481-0324

Email: wnicoli@baystatecs.org or

Website: <http://anewwayrecoveryctr.org/> or

<https://www.facebook.com/A-New-Way-Peer-Recovery-Center-447672198690167/>

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Turning Point Recovery Center

Update: *Turning Point Recovery Center is now open, but some meetings remain hybrid. Find up-to-date meeting information and other news on the Facebook page:*

<https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/>

Contact: Gerard Touchette, Wellness Coordinator; Cory O'Brien, Program Director
32 Common St.

Walpole, MA 02081

Phone: (508) 668-3960

Email: gtouchette@baystatecs.org; Cobrien@baystatecs.org

Website: <https://turningpointrecoverycenter.org/> or <https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/>

Framingham Recovery Center

Update: *The Center is open for in-person activities by appointment only and continues Zoom meetings. Please check the Facebook page or call (508) 424-2520 for the most current information.*

Contact: Amy Odell, Program Director; Nichole Philbrick, Peer Engagement Specialist
19 Concord St., Suite 1

Framingham, Ma 01701

Phone: (508) 424-2520

Email: recoverycenter@smoc.org; aodell@smoc.org; nphilbrick@smoc.org

Website: <https://www.smoc.org/anchored-in-recovery.php> or
<https://www.facebook.com/anchored in recovery -/>

Southeast Massachusetts

Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod

Update: *PIER has re-opened with limited capacity. Please call the center at (508) 827-6150 for the most current information, to make an appointment. Zoom meetings available—see Facebook page.*

Contact: Shelby Silverson, Director; Darryl Enos, Interim Director
209 Main St.

Hyannis, MA 02601

Phone: (508) 827-6150

Email: ssilverson@gandaracenter.org; denos@gandaracenter.org or

Website: <https://www.facebook.com/pierrecovery/>

Stairway to Recovery

Update: *A limited number of people can be inside at one time. Please call the center at (774) 257-5660 before coming in.*

Contact: Efrain Baez, Program Director
90 Main St.

Brockton, MA 02301

Phone: (774) 257-5660

Email: ebaez@gandaracenter.org

Website: <https://gandaracenter.org/stairway-to-recovery/> or
<https://www.facebook.com/Stairway2Recovery>

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Peer2Peer Recovery Support Center

Update: Center is open for in-person and/or Zoom. There is a 25-person limit. See the Facebook page for information.

Contact: Destinee Barnes, Director

175 North Main St.

Fall River, MA 02720

Phone: (508) 567-5086

Email: dbarnest@steppingstoneinc.org

Website: <http://www.steppingstoneinc.org/p2p/> or <https://www.facebook.com/P2PRSC/>

Martha's Vineyard Recovery Center

Update: The center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (508) 693-2900 or visit the Facebook page.

Contact: Robert Cropper, Director

12 Beach Rd.

Oak Bluffs, MA 02557

Phone: (508) 693-2900

Website: <https://www.facebook.com/TheRedHouseMV>

Email: rcropper@mvcommunityservices.org

Website: www.redhouserecovery.org or

<https://www.mvcommunityservices.org/services/peer-recovery-support-center/>

Plymouth Recovery Center

Update: The Plymouth Recovery Center has reopened. There is a limit of 10 people at a time. Visit the Facebook page for daily updates.

Contact: Robert Jencks, Director

5 Main St. Extension

Plymouth, MA 02360

Phone: (774) 225-0723

Email: rjencks@gandaracenter.org

Website: <https://plymouthrecoverycenter.org/> or

<https://www.facebook.com/PlymouthRecoveryCenter/>

RISE Recovery Support Center

Update: For the most current information, please contact the center at (774) 762-4431.

Contact: Dave Daniels, Program Director

497 Belleville Ave.

New Bedford, MA 02746

Phone: (774) 762-4076

Email: ddaniels@paaca.org

Website: <https://www.facebook.com/RISerecoverysupportcenter/>

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Boston Area

STEPRox Recovery Support Center

Update: All meetings are still being held remotely. For the most current information, please call or visit the Facebook page.

Contact: Loretta Leverett, Program Director

153 Blue Hill Ave.

Roxbury, MA 02119

Phone: (617) 442-7837

Fax: (617) 445-3573

Email: lleverett@northsuffolk.org

Website: or <https://www.facebook.com/StepRoxRecoverySupportCenter/>

Devine Recovery Center

Update: The center is in the process of re-opening. Please see the website or Facebook group for the most up to date information.

Contact: Dave Decourcey, Program Director

70 Devine Way

South Boston, MA 02127

Phone: (857) 496-7342

Fax: (857) 496-0177

Email: DaveDecourcey@GavinFoundation.org

Website: <http://www.gavinfoundation.org/programs/devine-recovery-center> or
<https://www.facebook.com/DevineRecoveryCenter>

The Room to Grow Recovery Support Center (formerly St. Francis House Recovery Support Center)

Update: St. Francis House Recovery Support Center has changed its name to The Room to Grow Recovery Support Center and remains open to its members. Please call for the most up-to-date information.

Director position is open and not filled

Contact: Darren Morgan, Member Engagement Coordinator, Jose Rodriguez, Operations Coordinator, or Luz Reyes, Community Outreach Coordinator

39 Boylston St., 5th floor

Boston, MA 02116

Phone: (617) 654-1201 or (617) 654-1200

Email: dmorgan@stfrancishouse.org and jrodriguez@stfrancishouse.org,
lreyes@stfrancishouse.org

Website: <https://roomtogrowrsc.squarespace.com/contact>

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Recovery on the Harbor

Update: Recovery on the Harbor is open and adhering to social distancing guidelines. Please check Facebook for the most up to date information.

Contact: William Magner, Director; Brian Carnahan, Recovery Coach
983 Bennington St.

East Boston, MA 02128

Phone: (617) 874-8046

Email: wmagner@northsuffolk.org or; bcarnahan@northsuffolk.org

Website: <https://www.facebook.com/ROHEastBoston>;

<https://refugerecoverymeetings.org/locations/recovery-on-the-harbor>

Other Recovery Community Centers/Organizations

The Boston Public Health Commission also funds the Safe and Sound Recovery Center.

This provides peer-led support services. Those services include recovery coaching, support groups, peer leadership training opportunities, and more.

Safe and Sound Recovery Center

Update: Safe and Sound Recovery Center is open. You must stay socially distant and wear masks.

Contact: Douglas Lomax, Program Manager

774 Albany St., 2nd Floor, Room 207

Boston, MA 02118

Phone: (617) 534-2186

Hours: Monday–Friday, 8 a.m. – 5 p.m.

Open NA Meetings: Monday - Friday, 9 – 10 a.m.

Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.

Email: dlomax@bphc.org

A number of other recovery communities and organizations host recovery centers including the following:

The Phoenix

Update: The Phoenix is a national active sober organization with local programs including a gym facility in Dorchester and satellite programs around the state.

Contact: Amily Aspell, Program Coordinator

54 Newmarket Sq.

Boston, MA 02118

Phone: (857) 239-8422

Email: aaspell@thephoenix.org

Website: www.thephoenix.org

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Opening the Word Peer Recovery Center

Update: Please visit the website for more information about Opening the Word and the available in-person programming.

Contact: Rev. Janice Ford

174 Main St.

PO Box 536

Webster, MA 01570

Phone: (508) 330-8073

Email: pj20openingthewordwebster@gmail.com

Website: www.openingthewordwebster.com or

<https://www.facebook.com/OpeningtheWord>

Restoration Recovery Center

Update: Restoration Recovery Center Inc. is currently open. Please check the weekly schedule for updates on meetings and meetings held in the evening posted weekly on the center's website and Facebook page.

Contact: Julia Armstrong, Director; Mark Armstrong, Program Director

40 Fairmount St.

Fitchburg, MA 01420

Phone: (978) 696-3181

Email: julia@rrcifitchburg.com; mark@rrcifitchburg.com

Website: and <https://www.facebook.com/RRCIFitchburg/> and

www.restorationrecoverycenter.com

River to Recovery Center

Update: For the most current information on in-person and Zoom meetings please see the Facebook page.

Contact: Kevin Doyle, Director

1507 Pleasant St.

Fall River, MA 02723

Phone: (774) 704-5501

Email: Kstar333@msn.com

Website: <https://www.riverrecovery.org/> and <https://www.facebook.com/rivertorecoveryfr/>

South Shore Peer Recovery Center

Update: Groups are currently being held in a hybrid model. For the most up-to-date information and scheduling, please visit the website.

Contact: Mark Mulhern, Director; Michael Corcoran, Recovery Coach

51 Cole Parkway

Scituate, MA 02066

Phone: (781) 378-0453

Email: mmulhern@southshorepeerrecovery.com or

mcorcoran@southshorepeerrecovery.com

Website: www.southshorepeerrecovery.org and

<https://www.facebook.com/southshorepeerrecovery/>

North Berkshire Community Coalition (*they no longer do recovery, they are now prevention*)

Update: North Berkshire Community Coalition has reopened to the public. For the most up-to-date information on events and happenings, please visit the Facebook page at <https://www.facebook.com/nbcccoalition>.

Contact: Amber Besaw

61 Main St., Suite 218

North Adams, MA 01247

Phone: (413) 663-7588

Email: abesaw@nbcccoalition.org

Website: www.nbcccoalition.org and <https://www.facebook.com/nbcccoalition>

North Quabbin Recovery Center

Update: All meetings are now available both in-person and via Zoom. For the most up-to-date hours, news, and information, please visit the Facebook page at <https://www.facebook.com/NorthQuabbinRECOVERYcenter>.

Contact: Heather Bialecki-Canning

251 Exchange St.

Athol, MA 01331

Phone: (978) 249-3703

Email: heather@nqcc.org

Website: <http://www.nqcc.org/> and

<https://www.facebook.com/NorthQuabbinRECOVERYcenter>

Ware Regional Recovery Center

Update: For the most current information please visit the webpage:

<https://qhsua.org/ware-regional-recovery-center/>

Contact: Abaigael Duda (Community Engagement Coordinator)

Phone: (413) 207-7840

Email: aduda@townofware.com

Website: <https://qhsua.org/> and <https://www.facebook.com/QHSUA/>

- **Conexiones CSS:** Clinical Stabilization Services (CSS) with integrated mental health, medical care, and recovery support services in Spanish and English for adults (18+) with substance use disorder(s) (SUDs) or co-occurring SUDs and mental health disorder(s) (CODs). **For intakes/referrals** call [\(339\) 212-7988](tel:3392127988) or email cssintake@casaesperanza.org.

Casa's Men's Program: Residential Recovery Services with integrated mental health, medical, and recovery support services in Spanish and English for adult (18+) men with SUD(s) or COD(s). **For intakes/referrals** call [\(617\) 420-1025](tel:6174201025) or email mensprogramintake@casaesperanza.org.

- **Latinas y Niños,** residential recovery services for adult (18+) women in Spanish and English, including co-occurring enhanced services for CODs, pregnant/post-partum services, and family rooms for mothers with children under 10. **For intakes/referrals** call [\(617\) 420-1025](tel:6174201025) or email latinasantake@casaesperanza.org.

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- **Familias Unidas Outpatient Clinic**, a licensed, CARF-accredited behavioral health clinic with trauma-informed outpatient services available in-office or via telehealth, including integrated SUD/COD treatment, mental health care, and medical services; wrap-around recovery support services; and **the ONLY Spanish-language Structured Outpatient Addictions Program (SOAP) in Greater Boston**. For intakes/referrals call [\(617\) 684-6209](tel:6176846209) or email familiasoutpatientintake@casaesperanza.org
- **Nueva Vida**, supportive housing with case management for individuals and families. For more information call [\(617\) 906-6515](tel:6179066515) Ext. 1121

Please feel free to call us at [\(617\) 445-1123](tel:6174451123) or email news@casaesperanza.org with questions.

Additional Substance Use Recovery Resources

Dual Recovery Anonymous

Update: *Online and hybrid meetings are available, as well as limited in-person meetings for Clubhouse members.*

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program. It helps individuals affected by an emotional or psychiatric disability. It also helps people with an alcohol or drug dependency or addiction. Its members help each other achieve dual recovery, prevent relapse, and carry the message of recovery to others.

The Massachusetts Clubhouse Coalition (MCC) has expanded the availability of DRA meetings throughout the state. They have a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now 50 DRA groups and substance awareness meetings in Massachusetts. A current schedule of meetings can be found on the link listed on the next page.

Dual Recovery Anonymous™ website: <http://www.draonline.org/>

Current list of DRA meetings: <https://www.massclubs.org/dra-overview>

More information on the MCC and DRA: <https://www.massclubs.org/dual-recovery-committee/>

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Massachusetts Organization for Addiction Recovery (MOAR)

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends. They want to educate the public about the value of living in recovery. MOAR has a resource guide on addiction, recovery, and community resources. It also offers community education on recovery and recovery supports. MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders, and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director

105 Chauncy St., 6th Floor

Boston, MA 02111

Phone: (617) 423-6627

Fax: (617) 423-6626

Email: maryanne@moar-recovery.org

Website: <https://www.moar-recovery.org>

Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope

Update: *All in-person meetings are postponed until further notice. For information on virtual support meetings via Zoom please visit <https://www.learn2cope.org/contacts/>. Please continue to check the website and Facebook page for the most current updates.*

Learn to Cope is a peer organization. They help family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through statewide weekly meetings.

Contact: Joanne Peterson, Executive Director or Carrie Walsh, Office Manager, Events and Social Media Coordinator

4 Court St., Suite 110

Taunton, MA 02780

Phone: (508) 738-5148

Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.

Email: ltc@Learn2cope.org

Website: learn2cope.org or <https://www.facebook.com/Learn2Cope-257344120966186/>

Online Resource for Persons Who Are Deaf or Hard of Hearing

Deaf off Drugs and Alcohol (DODA):

<https://www.facebook.com/Deaf-Recovery-DODA-112334123604/>

Mental Health Recovery Peer Supports

The Transformation Center, dba Kiva Centers

Kiva Centers is a statewide, peer-run organization, which partners with the State of Massachusetts and community agencies to offer training, peer support, advocacy, and policy change to support individuals with their self-healing process related to trauma, mental health, emotional distress, and substance use experiences. The Kiva Centers has a vibrant peer community and holds the Certified Peer Specialist (CPS) training and certificate for Massachusetts. In addition, Kiva Centers operates an entirely peer-run respite, a 24-hour alternative to hospitalization, a Young Adult Access Center, and has led efforts to unite the peer support workforce in the Commonwealth in developing and promoting new curriculum, trainings and policy change to respond to the needs of our many communities.

Contact: Brenda Vezina, CEO/Executive Director

206 Southbridge St.

Auburn, MA 01501

Phone: (508) 466-7154

Fax: (508) 751-9601

Email: info@kivacenters.org

Website: <https://kivacenters.org/>

Recovery Learning Communities

Recovery Learning Communities (RLCs) are funded by DMH. RLCs are peer-run networks of self-help and support. They provide information and referral, advocacy, and training activities. Trainings are about recovery concepts and tools. They also hold advocacy forums and social and recreational events. RLCs also help persons with psychiatric disabilities to take charge of their own recovery process.

RLCs hope to create a change in culture. They would like to see traditional focus on symptoms change to promoting recovery, resilience, and wellness. RLCs work together with peer-run organizations and services, other mental health providers, other human service agencies, and the community. This group effort helps the mission of bringing communities together and showing respect for people with mental health conditions.

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Wildflower Alliance (formerly known as the Western Mass Recovery Learning Community)

Update: All Wildflower Alliance centers (Springfield, Holyoke, Greenfield, and Pittsfield) have stayed open with limited capacity. For up-to-date information of what's open, please visit their online calendar at: <https://wildfloweralliance.org/calendar/>

Contact: Sera Davidow, Director

199 High St.

Holyoke, MA 01040

Phone: (413) 539-5941

Toll-Free: 1-866-641-2853

Fax: (413) 493-7810

Email: info@wildfloweralliance.org

Website: <https://www.wildfloweralliance.org>

The Wildflower Alliance (WA) has four parts: peers supporting peers, alternative healing practices, advocacy, and learning and growth opportunities. Peer supports include a bridging team. They go into local jails and hospitals to support people transitioning back to the community. They offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new state-wide project called the Wild Ivy Social Justice Network. This will focus on reaching and raising up the voice of people who have been made to feel less because of their psychiatric history, their gender, sexual orientation, race, disability status, and other identities. These things can limit people's access to resources and full community participation.

Wildflower Alliance Community Centers are located at:

Holyoke Center

Contact: Giselle Guillén-Martínez, Community Coordinator

199 High St.

Holyoke, MA 01040

Phone: (413) 539-5941

Toll-Free: 1-866-641-2853

Fax: (413) 493-7810

Email: giselle@wildfloweralliance.org

Website: <https://wildfloweralliance.org/holyoke/>

Springfield Center (Bowen Resource Center)

235 Chestnut St.

Springfield, MA 01103

Phone: (413) 372-5652

Website: <https://wildfloweralliance.org/springfield/>

Email: giselle@wildfloweralliance.org

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Pittsfield Center

Contact: Erin, County Coordinator

361 North St.

Pittsfield, MA 01201

Phone: (413) 464-9807

Email: erin@wildfloweralliance.org

Website: <https://wildfloweralliance.org/pittsfield/>

Greenfield Center

Contact: AJ, County Coordinator

20 Chapman St.

Greenfield, MA 01301

Phone: (413) 772-0715

Email: AJ@wildfloweralliance.org

Website: <https://wildfloweralliance.org/greenfield>

Kiva Centers Community (formerly Central Mass RLC)

Kiva Centers offers a space to find community and connection around experiences of mental health, trauma and healing. We are an entirely peer-led organization, and we offer support groups on topics such as alternatives to suicide, grief, hearing voices, coping with anger, breaking cycles, as well as yoga, art, karaoke, into to writing and much more. We are free to the community, non-clinical and serve the Central Massachusetts area.

Update: A wide variety of supports and resources such as yoga and Zumba, Hearing Voices Network, Alternatives to Suicide, have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings: <http://www.kivacenters.org/calendar/> or <https://www.facebook.com/kivacenter/TheKivaCenter>

The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.

Contact: Krow Fogg, Assistant Director

427 Main St., Suite 3

Worcester, MA 01601

Phone: (508) 751-9600

Fax: (508) 751-9601

Email: info@kivacenters.org;

Website: www.kivacenters.org or <https://www.facebook.com/kivacenter/>

Kiva South County Site

Please note that this site is only open on Mondays from 11 a.m. to 8 p.m.

Contact: Jasmine Quinones, Director of South Bridge and Respite

346 Main St.

Southbridge, MA 01550

Phone: (508) 751-9600

Email: info@kivacenters.org

Website: <https://kivacenters.org/kiva-southbridge/>

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Additionally, Kiva support groups take place in the following communities:

Fitchburg, Leominster, Gardner, Hudson: <http://www.kivacenters.org/areas/north/>
Worcester: <https://kivacenters.org/kiva-worcester/>

For Young Adults:

Update: All in-person activities are currently cancelled. For information on virtual supports and activities, please visit <https://ziacenter.com/>.

Zia Young Adult Access Center, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

Northeast Recovery Learning Community (RLC)

Update: Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times.

Contact: Gabe Fonseca, NERLC Program Director

20 Ballard Road

Lawrence, MA 01843

Telephone (V/TTY): (978) 245-8452; (978) 687-4288, Ext. 149

Fax: (978) 689-4488

Email: gfonseca@nilp.org or iandr@nilp.org

Website: <https://www.nilp.org/nerlc/> or <https://www.facebook.com/nerlc> or

Northeast RLC Hubs are located at:

Essex North Hub/Northeast Independent Living Program

Contacts: Essex North/Greater Lowell Hub Manager; Lisa Rivard, Peer Specialist; or Emily Foraes, Admin.

20 Ballard Rd.

Lawrence, MA 01843

Telephone: (978) 687-4288, Ext. 131

Email: lrivard@nilp.org

Greater Lowell Hub

Contact: Essex North/Greater Lowell Hub Manager; or David Carignan, Peer Specialist

Telephone: (978) 687-4288, Ext. 200 or Ext. 140

Email: dcarignan@nilp.org

Greater Lynn Hub

Contact: Rachely Ramos, Metro North/Acton Hub Manager

1 Market St., Suite 203

Lynn, MA 01901

Telephone: (978) 687-4288, Ext. 140

Email: rmos@nilp.org

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North Shore Area

Contact: Rachely Ramos, Metro North/Acton Hub Manager

Telephone: (978) 687-4288, Ext. 140

Email: r.amos@nilp.org

Acton Area

Contact: Rachely Ramos, Metro North and Acton Hub Manager

Telephone: (978) 687-4288, Ext. 201

Email: r.amos@nilp.org

Transition-Age Youth (TAY) Peer Support

Contact: Rachely Ramos, Metro North and Acton Hub Manager

Location: Northeast Area Wide

Telephone: (978) 687-4288, Ext. 201

Email: r.amos@nilp.org

Older Adult Peer Support

Contact: Amanda Orsanos, Older Adult Peer Specialist

Location: Northeast Area-Wide

Telephone: (978) 687-4288, Ext. 203

Email: aorsanos@nilp.org

Metro-Boston Recovery Learning Community (RLC)

Update: *The Metro Boston RLC is currently offering online and conference call line peer support groups, as well as 1:1 peer support. Information is available at: <https://mbrlc.org>*

The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

Boston Resource Center (BRC)

Contact: Yuka Gordon, Director

85 East Newton St., Ground Floor

Boston, MA 02118

Phone: (617) 875-4997

Fax: (617) 414-1975

Email: info@metrobostonrlc.org; yuka.gordon@bmc.org

Website: <https://www.mbrlc.org/boston-resource-center>

Cambridge/Somerville Recovery Learning Center

Contact: Janel Tan, Director

730 Cambridge St.

Cambridge, MA 02141

Phone: (617) 863-5388

Email: tanj@vinfen.org

Website: <https://www.mbrlc.org/csrlc>

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Peer Support Network

Contact: Ruthie Poole, Assistant Director, Sabine Mutner

31 Bowker Street, 5th Floor

Boston, MA 02114

Phone: (617) 788-1034 or Warm Number: (857) 378-4997 (Mon.-Fri. 10 a.m.-4 p.m.)

Email: psn@baycove.org or rpoole@baycove.org, smutner@baycove.org

Website: <https://www.mbrlc.org/peer-support-network>

Hope Recovery Learning Center

Contact: MJ Griego, Program Director

Erich Lindemann Mental Health Center

25 Staniford Street (plaza level)

Boston, MA 02114

Phone: 781-957-6720

Email: mgriego@northsuffolk.org

Website: <https://www.mbrlc.org/hope-center>

South East Recovery Learning Community (RLC)

Update: Online groups are available. See updated listings below for details on specific centers:

Contact: Sandra Whitney-Sarles, Program Director; Danielle Blauner, Area Program Director

c/o 106 Bassett Lane, Unit 2

Hyannis, MA 02601

Phone: (774) 212-4519

Email: blaunerd@vinfen.org or sandra.whitney-sarles@bmc.org

Website: <http://www.southeastrlc.org/Hyannis>

Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:

Fall River RCC

Update: Online groups are available. See the website for details.

Contact: Adam Whitney, Area Program Director

649 Bedford Street

Fall River, MA 02720

Phone: (617) 596-3547

Email: WhitneyA@Vinfen.org

Website: <https://www.southeastrlc.org/fall-river>

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Hyannis RCC

Update: Online groups are available. See calendar link for details:

<http://www.southeastrlc.org/hyannis-calendar.html>

Contact: Danielle Blauner, Area Program Director

106 Bassett Lane, Unit 2

Hyannis, MA 02601

Telephone: (617) 455-7214

Email: blaunerd@vinfen.org

Website: <https://www.southeastrlc.org/hyannis>

Brockton RCC

Update: Virtual one-to-one support and online groups are available. See website for details.

Contact: Barbara DeCunzo, Area Program Director

730 Belmont Street

Brockton, MA 02301

Phone: (774) 539-2131

Email: barbaradecunzo@bamsi.org

Website: <https://www.southeastrlc.org/brockton>

Quincy RCC

Update: Online groups are available. See website for schedule and details.

Contact: Emily Marks, Area Program Director

338 Washington Street

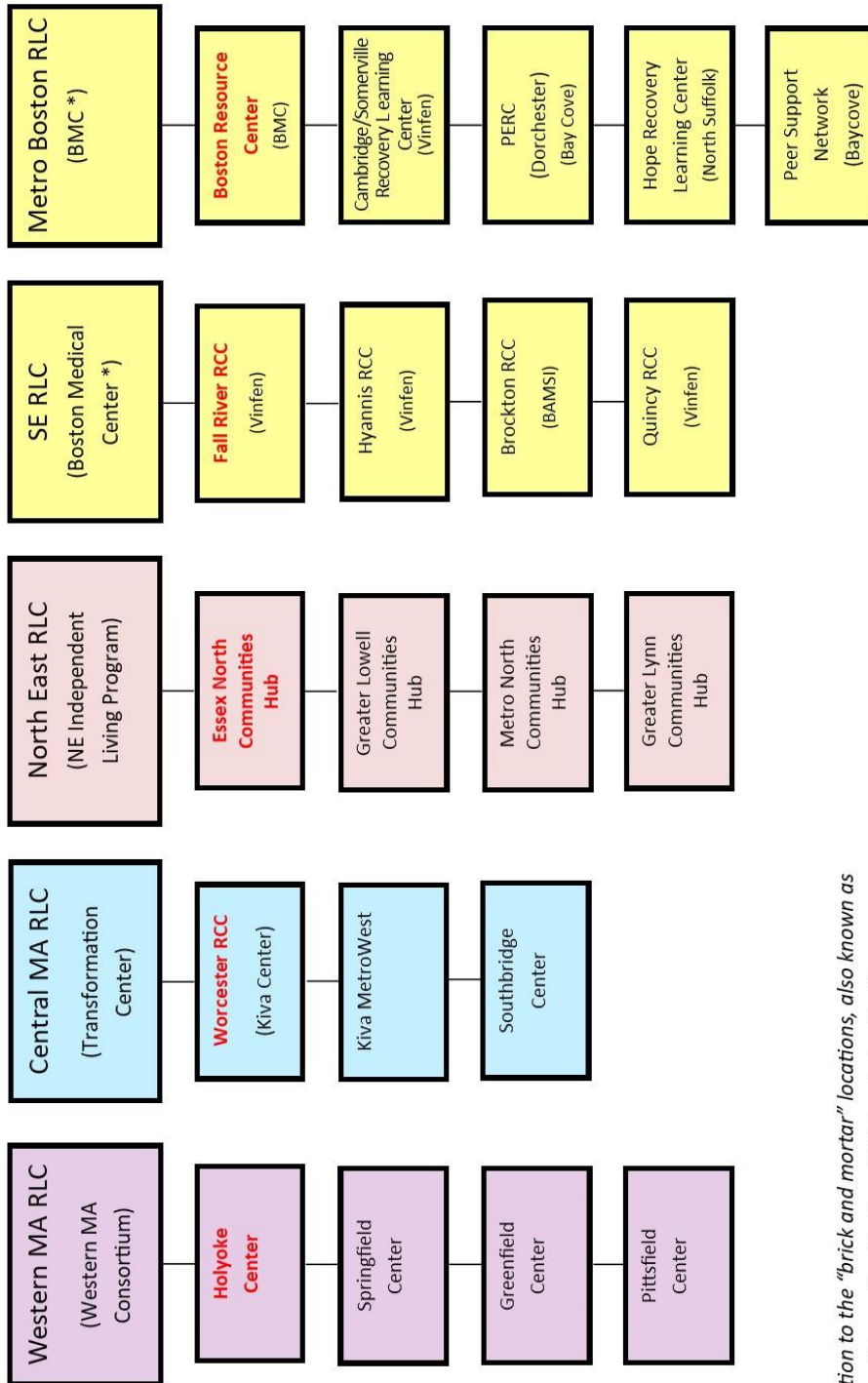
Quincy, MA 02169

Phone: (617) 405-5263

Email: markse@vinfen.org

Website: <https://www.southeastrlc.org/quincy>

The Five Recovery Learning Communities and Their Locations



* SE RLC and MetroBoston RLC funded through BMC with partner auspice agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.

Peer-Run Respite/Crisis Alternatives

Afiya Peer Respite

Update: Afiya is open and observing COVID-19 safety measures.

Afiya is the first peer-run respite in Massachusetts and is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer-supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya's mission is to turn what is often perceived as a crisis into a useful "learning and growth opportunity." Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director

Phone: (413) 570-2990

Email: ephraim@wildfloweralliance.org

Website: <https://wildfloweralliance.org/afiya>

Living Room (Springfield)

Update: The Springfield Living Room is still providing in-person services, while observing COVID-19 safety guidelines and the maximum number of guests is currently reduced. Please contact the Living Room for the most up to date information.

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

417 Liberty Street

Springfield, MA 01104

Phone: (413) 301-9355

Fax: (413) 739-1402

Website: <https://www.bhninc.org/services-and-programs/emergency-services/living-room>

Karaya Peer Respite

Karaya Peer Respite is a 24-hour crisis alternative to hospitalization serving the Commonwealth. We are a non-medical model rooted in trauma-informed healing practices from the Indigenous Pueblo and Taíno peoples. We believe mental health and emotional distress are a natural part of the human experience and that through building genuine relationships within the community setting, we can make meaning out of our life hardships while fostering resiliency. Our model focuses on the importance of human connection, personal choice and autonomy, and the role of environment in long-term well-being. Kiva Centers has partnered with the Homewood Hotel and Suites in Worcester during COVID-19. Must be 18 or older and must have the ability to self-administer your own medication (if applicable).

Contact: Lisa Bonofiglio, Executive Assistant; Jasmine Quinones, Program Director

Phone: (508) 751-9600

Email: lbonofiglio@kivacenters.org or jquinones@kivacenters.org

Website: <https://Kivacenters.org>

Hours: 9 a.m.-5 p.m., 24/7, 365 days

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Living Room (Framingham)

Update: *The Living Room is now open for in-person visits from 8 a.m. to 10 p.m. with no overnight stays available at this time. Individuals experiencing emotional distress or a mental health crisis can access 24-hour phone support by calling (508) 661-3333.*

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.

1881 Worcester Rd

Framingham, MA 01701

Phone: (508) 628-6300

Email: TheLivingRoom@Advocates.org

Website: <https://www.advocates.org/services/livingroom>

Safe Haven

Update: *Safe Haven is currently open 7 days a week from 10 a.m. to 3 p.m. for up to 10 people and is observing COVID-19 safety protocols. Calling ahead (413) 775-6760 is encouraged. Computers are also available for persons needing access to these resources.*

Safe Haven is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, Safe Haven is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues. Safe Haven offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.

154 High Street

Greenfield, MA 01301

Phone: (413) 775-6760

Email: Toni.Diaz@csoinc.org

Website: <https://www.csoinc.org/contact>

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The Peer-to-Peer Program

Update: The Peer-to-Peer program has reopened for a limit of 7 persons at a time during new hours (Tuesday through Friday from 3:00 to 11:00 p.m. and weekends from 10 a.m. to 2 p.m. Please call ahead to sign up: (617) 689-2599.

The Peer-to-Peer Program at Aspire Health Alliance functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services is unavailable. The program is open Tuesday through Friday from 3-11 p.m., and Saturdays and Sundays from 10 a.m. to 2 p.m.

460 Quincy Avenue, Main Floor

Quincy, MA 02169

Phone: (617) 689-2599

Website: <https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program>

Peer-Run Warm Lines

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at <http://www.warmline.org>. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

The Peer Support Line (Metro Boston Recovery Learning Community)

Phone: 877-PEER-LNE (733-7563)

Hours: Monday through Sunday, 4 – 7:45 p.m.

Website: <https://www.mbrlc.org/peer-support-line>

Western Mass Peer Support Line

Toll-free: 1-888-407-4515

Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.

Website: <https://wildfloweralliance.org/peer-support-line>

Edinburg Center Warmline

Phone: (617) 875-0748

Hours: Mondays through Sundays, 5:30 - 9:30 p.m.

Baycove Peer Support Warmline

Phone: (857) 378-4997

Hours: Mondays through Fridays, 9 a.m. – 5 p.m.

Bridging Group Home Support Line (Northeast Recovery Learning Community)

Phone: (781) 219-0710

Hours: Mondays 10-11 a.m., Wednesdays and Thursdays 1-2 p.m.

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Assistance with Telephone Service

Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit <http://www.lifelinesupport.org/>.

Young Adult Resources

The NAN Project

The NAN Project works to promote mental health awareness and suicide prevention programs for young people, using a peer-to-peer model.

125 Hartwell Ave.

Lexington, MA 02421

Email: info@thenanproject.org

Website: <https://thenanproject.org> or <https://www.facebook.com/thenanproject>

Wayside Youth/Family Support Network Twelve Prescott Update: Wayside Youth/Family Support Network is offering virtual mental health services and supports. For more information, contact Olivia.Chiacchia@waysideyouth.org or call (781) 643-1668.

Wayside Youth/Family Support Network offers services and supports for all individuals ages 18-26, with no referrals needed. Wayside Youth/Family Support Network is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. Wayside Youth/Family Support Network provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. Wayside Youth/Family Support Network also provides traditional assistance with referrals and connections to requested services.

1 Frederick Abbott Way,

Framingham, MA 01701

Phone: (508) 879-9800

Hours: Monday through Thursday, 1 - 7 p.m.

Email: steps@waysideyouth.org

Website:

<http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx> or <https://www.facebook.com/STEPSyoungadultresourcecenter>

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Tempo Young Adult Resource Center

Update: Tempo is open to limited in-person services with appointment strongly encouraged. COVID-19 protocols including masks, temperature checks, and screening questions are required. Current information is available on its Facebook page: <https://www.facebook.com/tempoyoungadults/>. To book an appointment, call (508) 879-1424.

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

1 Marian Rd.

Framingham, MA 01702

Phone: (508) 879-1424

Fax: (508) 879-1460

Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.

Website:

<https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/>

or <https://www.facebook.com/tempoyoungadults/>

Zia Young Adult Access Center

Update: All in-person activities are currently cancelled. For information on virtual supports and activities, please visit <https://ziacenter.com/>.

The Zia Young Adult Access Center prioritizes youth autonomy, liberation, and support. The Zia Center is part of the Kiva Centers. Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

More information on Zia's social media and current programs can be found at

<https://linktr.ee/ziacenter>

Zia Young Adult Access Center at the Kiva Center

Rhys Stuller, Peer Specialist

427 Main Street

Worcester, MA 01608

Telephone: (508) 751-9600

Email: ziaadvnetwork@gmail.com or rstuller@kivacenters.org

Website: <https://ziacenter.com/>

Hours: Mondays from 3 – 6 p.m., and Wednesdays from 4 – 8 p.m.

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Speaking of Hope

Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.

Email: SpeakingofHope@MassMail.State.MA.US

Website: www.speakingofhope.org or

<https://www.facebook.com/speakingofhopeproject/> and

<https://twitter.com/speakingofhope>

Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.

Update: BAGLY has gone to online programming:

<https://www.bagly.org/>

For specific supports and resources around the current pandemic:

<https://www.bagly.org/covid19-resources>

BAGLY is a youth-led, adult-supported social support organization. It is committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts. BAGLY works with youth age 22 and younger. They provide leadership development, health promotion and services, social support, and events. They are part of the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.

28 Court Square

Boston, MA 02108

Phone: (617) 227-4313

Fax: (617) 227-3266

Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)

Email: info@bagly.org

Website: <http://www.bagly.org>

Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network—Massachusetts locations

Update: Please refer to listing directly above for current “virtual” programming.

<https://www.bagly.org/the-agly-network/>

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Youth on Fire

Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

359 Green Street

Cambridge, MA 02139

Phone: (617) 661-3040

Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. - 5:45 p.m.

Thursday by appointment only.

Email: yof@fenwayhalth.org

Website: <https://fenwayhealth.org/aac/programs-services/#yof>

or <https://www.facebook.com/YouthOnFireMA/>

Youth Motivating Others through Voices of Experience (MOVE) Massachusetts

Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. We are a statewide organization of lived experience youth and young people who support others.

18 Lyman St., Suite 60

Westborough, MA 01581

Phone: (508) 635-8204

Toll Free: (866) 815-8122

Email: youthmovema@ppal.net ;

Youth Move's Youth Coordinator can be emailed at Colby Mills, cmills@ppal.net. The

Associate Director Meri Viano can be emailed at mviano@ppal.net.

Website: <https://youthmovemassachusetts.net/> or

<https://www.facebook.com/youthmovemassachusetts/> or www.ppal.net

Other Non-Clinical, Peer-Driven Resources

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)

Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: <https://www.wellnessrecoveryactionplan.com/>

Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to *create*, rather than what they “need” to *change*.

Website:

https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham_participant_guide.pdf

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Clubhouses

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings. More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website (www.massclubs.org) and on the International Center for Clubhouse Development (ICCD) website.

Update: Clubhouses have reopened with a limited capacity and are following state guidelines for COVID-19 safety. For the most current information, please call the clubhouse in question.

Listing of Massachusetts Clubhouses by Region:

Boston

Center Club

31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1002 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org
Website: <http://www.centerclubboston.org/> or
<https://www.facebook.com/centerclubboston/>

Transitions of Boston

1500 Dorchester Avenue
Dorchester, MA 02122
Director: Jean Dorneus
Phone: (617) 379-5660
Fax: (617) 541-6817
Org: Bay Cove Human Services
Email: jdorneus@baycove.org
Website: <https://www.baycovehumanservices.org/clubhouse-and-peer-services>

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Webster House

746 South Street
Roslindale, MA 02131
Director: Bonnie Hernandez
Phone: (857) 330-3885
Org: Vinfen
Email: hernandezb@vinfen.org
Website: vinfenclubhouses.org/websterhouse/

Metro Boston

Atlantic House

338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: <https://vinfenclubhouses.org/atlantic/>

Elliot House

255 Highland Avenue, Suite 300
Needham, MA 02494
Director: Stephen Chaffee
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: schaffee@riversideecc.org
Website: <http://ellithouse.org>

Neponset River House

595 Pleasant Street
Norwood, MA 02062
Director: Dannielle Ford-Allen
Contact: Philip McAlarney
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversideecc.org; PMcAlarney@riversideecc.org
Website: <http://www.neponsetriverhouse.org/> or
<https://www.facebook.com/NeponsetRiverHouse/>

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Central

Employment Options Clubhouse

82 Brigham Street

Marlborough, MA 01752

Director of Programs and Services: Liz Gulachenski

Phone: (508) 485-5051

Fax: (508) 485-8807

Org: Employment Options

Email: eoadmin@employmentoptions.org or lgulachenski@employmentoptions.org

Website: <http://www.employmentoptions.org/> or

<https://www.facebook.com/EmploymentOptions/>

Charles Webster Potter Place

205 Burlington Road

Bedford, MA 01730

Director: Judith Kellam

Phone: (781) 894-5302

Org: Edinburg

Email: jkellam@edinburgcenter.org

Website: <http://www.edinburgcenter.org/charles-webster-potter-place/> or

<https://www.facebook.com/charleswebsterpotterplaceclubhouse/>

Crossroads Clubhouse

11 Williams Street

Hopedale, MA 01747

Program Director: Earlene Deyoung

Phone: (508) 473-4715

Org: Riverside Community Care

Email: EDeyoung@riversidecc.org

Website: <https://www.crossroadsclubhouse.org/> or

<https://www.facebook.com/CrossroadsClubhouse/>

Crystal House

55 Lake Street, #100

Gardner, MA 01440

Director: Tamela Deveikis

Phone: (978) 630-2794

Org: Open Sky

Email: tamela.deveikis@openskycs.org or crystalhouse@openskycs.org

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Health Partnership

A Carelon Behavioral Health Company

Elm Brook Place

4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org
Website: <http://www.elmbrookplace.org/>

Genesis Club, Inc.

48 Elm St.
Worcester, MA 01609
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: <http://www.genesisclub.org> or <https://www.facebook.com/genesisclubinc/>

Tradewinds

309 Main Street
Southbridge, MA 01550
Director: Samantha Aikey
Phone: (508) 765-9947
Org: Viability
Email: tradewindsclubhouse@gmail.com
Website: <https://www.facebook.com/tradewindsclubhouse/>

Westwinds

133 Prichard Street
Fitchburg, MA 01420
Director: Deborah Downing
Phone: (978) 345-1581
Org: Community Health Link
Email: d Downing@communityhealthlink.org
Website: <https://westwinds.multiscreensite.com/>

Northeast

Haverhill Clubhouse

100 Locust Street
Haverhill, MA 01830
Director: Julia Morison
Phone: (978) 521-6957
Org: Vinfen
Email: haverclub@gmail.com; morisonj@vinfen.org
Website: <https://vinfenclubhouses.org/haverhill/>

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Health Partnership

A Carelon Behavioral Health Company

Harbor Place Clubhouse

95 Pleasant St.
Lynn, MA 01901
Director: Melissa Harris
Phone: (781) 842-7200
Org: Eliot Community Human Services
Email: meharris@eliotchs.org
Website: <https://harbor-place.org>

Horizon House

78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
Org: Riverside Community Care
Email: ctaatjes@riversidecc.org
Website: <http://www.horizonhouseclubhouse.org/>

Point After Club

15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 725-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: <https://vinfenclubhouses.org/pointafter> or <https://www.facebook.com/Point-After-Clubhouse-110698000560327/>

Renaissance Club

176 Walker Street, Second Floor
Lowell, MA 01854
Director: John Kirkon
Phone: (978) 454-7944
Fax: (978) 937-7867
Org: Eliot Community Human Services
Email: jkirkon@eliotchs.org
Website: <https://www.renaissanceclublowell.org/> or
<https://www.facebook.com/renclub.lowell/>

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Salem Connections Clubhouse

50 Grove Street

Salem, MA 01970

Director: John Kirton

Phone: (978) 498-4400

Org: Eliot Community Human Services

Email: jkirton@eliotchs.org

Website: <https://salemconnections.org> or

<https://www.facebook.com/Salemconnectionclubhouse/>

Southeast

Anchor House

2277 Purchase Street

New Bedford, MA 02746

Director: Paul Lavoie

Phone: (508) 984-4300

Fax: (508) 984-1453

Org: Fellowship Health Resources

Email: plavoie@fhr.net

Website: <https://www.fhr.net/our-services/clubhouses/anchorhouse> or

<https://www.facebook.com/FHR-Anchor-House-115901989848610/>

Baybridge

106 Bassett Lane, Suite 1

Hyannis, MA 02601

Director: Tom Couhig

Phone: (508) 778-4234 or (508) 776-9127

Org: Vinfen

Email: couhigt@vinfen.org

Website: <https://vinfenclubhouses.org/baybridge/> or

<https://www.facebook.com/baybridgeclubhouse/>

Cove Clubhouse

383 Route 28

Harwich Port, MA 02646

Director: Sabrina Kreber

Phone: (508) 432-7774

Org: Vinfen

Email: Krebers@vinfen.org

Website: <https://vinfenclubhouses.org/cove/> or <https://www.facebook.com/Cove-Clubhouse-96369568380/>

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Health Partnership

A Carelon Behavioral Health Company

Daybreak

111 Edgartown Road

Vineyard Haven, MA 02568

Program Coordinator: Alicia Nicholson

Phone: (508) -693-7900

Org: Martha's Vineyard Community Services

Email: anicholson@mvcommunityservices.org

Website: <https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/>

Fairwinds

155 Katherine Lee Bates Road

Falmouth, MA 02540

Director: Gerald McDowell

Phone: (508) 540-6011

Org: Fellowship Health Resources

Email: gmcowell@fhr.net

Website: <https://www.fhr.net/our-services/clubhouses/fairwinds> or
<https://www.facebook.com/fairwindsclubhouse/>

Our House in Brockton

728 Belmont Street

Brockton, MA 02301

Director: Nadine Chirac

Phone: (508) 857-1657

Org: Brockton Area Multi-Services, Inc. (BAMSI)

Email: nadine-chirac@bamsi.org

Website: <https://www.bamsi.org/bamsi-community/clubhouse/>

Plymouth Bay House

340 Court Street

Plymouth, MA 02360

Director: Jennifer Beirne

Phone: (508) 747-1115

Org: Vinfen

Email: beirnej@vinfen.org

Website: <http://www.plymouthbayhouse.org/> or
<https://www.facebook.com/plymouthbayhouse/>

Taunton River House

225 Cape Highway

East Taunton, MA 02718

Director: Karen Therrien

Phone: (508) 828-4591

Org: Fellowship Health Resources

Email: ktherrien@FHR.net

Website: <https://www.fhr.net/our-services/clubhouses/cornerclubhouse> or
<https://www.facebook.com/Tauntonriverclubhouse/>

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Health Partnership

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Towne House

1706 President Avenue

Fall River, MA 02720

Director: Aaron Labonte

Phone: (508) 672-2023

Fax: (508) 672-2051

Org: Fellowship Health Services

Email: alabonte@fhr.net

Website: <https://www.fhr.net/our-services/clubhouses/townehouse> or

<https://www.facebook.com/FHRTowneHouse/>

Western

Berkshire Pathways

199 B South Street

Pittsfield, MA 01201

Director: vacant position

Phone: (413) 464-7949

Fax: (413) 464-7942

Org: Viability

Email: berkshirepathways@viability.org

Website: <https://www.viability.org/berkshire-pathways> or

<https://www.facebook.com/BerkshirePathways>

Forum House

55 Broad Street

Westfield, MA 01085

Director: Erin Godfrey

Phone: (413) 562-5293

Fax: (413) 562-9163

Org: Viability

Email: egodfrey@viability.org or forumhouse@viability.org

Website: <https://www.viability.org/forum-house> or

<https://www.facebook.com/ForumHouse-Westfield-1645719352331285/>

Green River House

37 Franklin Street

Greenfield, MA 01301

Director: Kim Britt

Phone: (413) 772-2181

Fax: (413) 772-2032

Org: Clinical and Support Options

Email: Kbritt@csoinc.org or grh@csoinc.org

Website: <https://www.csoinc.org/community-based-programs>

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Massachusetts Behavioral
Health Partnership

A Carelon Behavioral Health Company

Lighthouse

1401 State Street

Springfield, MA 01109

Director: Eileen McKeever

Phone: (413) 736-8974

Fax: (413) 785-5030

Org: Viability

Email: emckeever@viability.org or lighthouse@viability.org

Website: <https://www.viability.org/lighthouse> or <https://www.facebook.com/viabilityocks/>

Odyssey House

474 Appleton Street

Holyoke, MA 01040

Director: Ben McLaughlin

Phone: (413) 538-4377

Fax: (413) 538-4355

Org: Viability

Email: BMclaughlin@viability.org, odyssey@viability.org

Website: <https://www.viability.org/odyssey-house> or

<https://www.facebook.com/OdysseyHouseStrong>

Quabbin House

25 West Main Street

Orange, MA 01364

Director: Danielle Barron

Phone: (978) 544-1859

Fax: (978) 544-1860

Org: Clinical Support Options

Email: Daniellebarron@csoinc.org or info@csoinc.org

Website: <https://www.csoinc.org/community-based-programs>

Star Light Center

251 Nonotuck Street

Florence, MA 01062

Director: Evan Kreke

Phone: (413) 586-8255

Fax: (413) 586-8311

Org: Viability

Email: Ekreke@viability.org

Website: <https://www.viability.org/starlight-center>

Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

Ad-Lib, Inc. – Pittsfield

Update: All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page. The Ad-Lib Warm Line is open daily at (413) 281-7328.

Maryellen Adams Program Director

215 North Street

Pittsfield, MA 01201

Phone: (413) 442-7047

Fax: (413) 443-4338

Email: madams@adlibcil.org or info@adibcil.org

Website: <https://www.adlibcil.org/> or <https://www.facebook.com/AdLibCIL/>

STAVROS – Amherst

Update: Stavros is currently asking the public not to come into its offices for the health of its staff, and to call or email instead. Calls or emails will be returned within 24 hours.

However be aware that calls may be returned from different numbers, so please answer.

More contact information is available at https://www.stavros.org/Contact_us.

Angelina Ramirez, Executive Officer

210 Old Farm Road

Amherst, MA 01002

Phone: (413) 256-0473

Toll-free: 1-800-804-1899

Email: aramirez@stavros.org or info@stavros.org

Website: www.stavros.org or <https://www.facebook.com/stavros413/>

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A Carelon Behavioral Health Company

Center for Living and Working, Inc. – Worcester

Meg Coffin, Chief Executive Officer

18 Chestnut St. Suite 540

Worcester, MA 01608

Phone: (508) 798-0350

Video Phone: (508) 762-1164

TTY: (508) 755-1003

Toll-free: 1-800-570-4020

Fax: (508) 797-4015

Email: mcoffin@centerlw.org or opsearch@centerlw.org

Website: <https://www.centerlw.org/> or

<https://www.facebook.com/CenterForLivingAndWorking/>

Boston Center for Independent Living – Boston

Update: *The office is closed due to COVID-19. All staff are working remotely. Please call and leave a message.*

Bill Henning, Executive Director

60 Temple Place, 5th Floor

Boston, MA 02111

Phone: (617) 338-6665

Toll-Free: 1-866-338-8085

TTY: (617) 338-6662

Fax: (617) 338-6661

Email: bhenning@bostoncil.org or contactBCIL@bostoncil.org

Website: <https://bostoncil.org/> or <https://www.facebook.com/BostonCIL>

Cape Organization for the Rights of the Disabled – Hyannis

Update: *CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.*

Coreen Brinckerhoff, Chief Executive Officer

765 Attucks Lane

Hyannis, MA 02601

Phone: (508) 775-8300

Toll-free: 1-800-541-0282

Fax: (508) 775-7022

V/TTY (508) 775-8300

Email: cordinfo@cilcapecod.org

Website: <https://www.cordcapecod.org/> or <https://www.facebook.com/cordcapecod/>

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Health Partnership

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Independence Associates, Inc. – East Bridgewater

Update: Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call.

Steve Higgins, Executive Director
100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: <https://www.iacil.org/>

Disability Resource Center

Update: Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom, or Skype. Please continue to reach out by phone or email.

Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: <https://disabilityrc.org/> or <https://www.facebook.com/DisabilityRCSalem>

MetroWest Center for Independent Living – Framingham

Update: For the foreseeable future, while coronavirus precautions are in effect, all visitors to MetroWest Center for Independent Living must make an appointment ahead of time. Please call the main office and someone will answer and direct your call.

Sadie Simone, Executive Director
1 Clarks Hill, Suite 200
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: ssimone@mwcil.org or info@mwcil.org
Website: <https://www.mwcil.org/> or <https://www.facebook.com/MWCIL/>

Northeast Independent Living Center – Lawrence

Update: Staff are working remotely and still providing services. If you need assistance, please email iandr@nilp.org or call (978) 687-4288.

June Sauvageau, Chief Executive Officer

Lawrence Site:

20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488
Website: <https://www.facebook.com/NortheastIndependentLivingProgram/> or www.nilp.org

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Massachusetts Behavioral
Health Partnership

A Carelon Behavioral Health Company

Southeast Center for Independent Living – Fall River

Update: All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message.

Lisa Pitta, Executive Director

66 Troy Street, Suite #3

Fall River, MA 02720

Phone: (508) 679-9210

Fax: (508) 677-2377

Email: lpitta@secil.org or scil@secil.org

Website: <http://www.secil.org/> or <https://www.facebook.com/SCILinc/>

Miscellaneous Resources

Massachusetts Advocacy and Legal Resources

- **Disability Law Center of Massachusetts:** <https://www.dlc-ma.org/>
Update: DLC staff are working remotely at this time. Please call (617) 723-8455 or 1-800-872-9992 to request assistance, or email mail@dlc-ma.org.
- **Mental Health Legal Advisors Committee (MHLAC):** <https://www.mhlac.org/>
Update: MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information.
<https://www.facebook.com/www.mhlac.org>

Other Local Peer Resources

Jonathan O. Cole Resource Center

Update: Although the office is currently closed, volunteers are working remotely to provide information and support. They can be reached by email or by leaving a message. Someone will respond within 24 hours, Monday through Friday. The center's support groups have gone online. More information is available on the website.

Cole Resource Center

deMarneffe Building, Room 120A

115 Mill Street

Belmont, MA 02478

Phone: (617) 855-3298

Fax: (617) 855-3666

Email: info@coleresourcecenter.org

Website: <https://www.coleresourcecenter.org/>

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Health Partnership

A Carelon Behavioral Health Company

National Depression and Bipolar Support Alliance (DBSA)

Update: For online support please go to: <https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/>

55 E. Jackson Blvd, Suite 490

Chicago, Illinois 60604

Toll-free Phone: 1-800-826-3632

Fax: (312) 642-7243

Email: info@dbsalliance.org

Website: <https://www.dbsalliance.org>

Depression and Bipolar Support Alliance of Boston (DBSA-Boston)

Contact: Michaela Cravotta-Crouch

P.O. Box 102

115 Mill Street

Belmont, Mass 02478

Phone: (617) 855-2795

Fax: (617) 855-3666

Email: info@dbsaboston.org; meach@dbsaboston.org; office@dbsaboston.org

Website: <http://www.dbsaboston.org/> or <https://www.facebook.com/DBSA-Boston/>

NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)

Update: NAMI GB PSAN hosts a Zoom meeting that features a speaker series on the third Thursday of the month from 6:30-7:30 p.m., co-sponsored by the Metro Boston Recovery Learning Community: <https://www.mbrlc.org/zoom-speaker-series>

NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI GB PSAN works closely with the NAMI Mass peer support programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

776 Main Street, #541481

Waltham, MA 02454

Phone: (781) 642-0368

Email: info@namiboston.org

Website: <https://namiboston.org/support-advocacy-networks/>

Hearing Voices Network USA

Update: Online groups are available. For questions and details on how to access the groups, please email.

Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.

Email: info@hearingvoicesusa.org

Website: <http://www.hearingvoicesusa.org/>

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Massachusetts Behavioral
Health Partnership

A Carelon Behavioral Health Company

Massachusetts United for Connection and Healing (MUCH)

A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.

Contact: Brenda Vezina

Email: info@muchnetwork.org or bvezina@kivacenters.org

Website: <https://mghcoe.com/community-organization-massachusetts-united-for-connection-and-healing-m-u-c-h/> or <https://www.facebook.com/MUCHnetwork/>

Opening Doors to the Arts (ODA)

Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Phone: (781) 642-0368

Email: howard@openingdoorstothearts.org; info@openingdoorstothearts.org (preferred)

Website: <http://www.openingdoorstothearts.org>

Two Hats Networking Dinners (Twohats) SUSPENDED

Update: *The Two Hats networking dinners are currently discontinued due to the pandemic.*

This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer.

Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.

Contact: Howard D. Trachtman, BS, CPS, CPRP

Phone: (781) 642-0368

Email: hdt@mbrlc.org

Website: www.twohats.org

Other National Peer Resources

Crisis Text Line

The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text **HOME** to 741741, a trained volunteer counselor will receive the message and assist immediately.

Phone: Text **HOME** to 741741

Website: <https://www.crisistextline.org/>

Peer-run National Technical Assistance Centers

- **The National Empowerment Center:** <https://www.power2u.org>
- **Doors to Wellbeing National Technical Assistance Center**, established by The Copeland Center for Wellness and Recovery: <https://www.doorstowellbeing.org>
- **Youth MOVE Peer Center:** a project of Youth MOVE National:
<https://youthmovepeercenter.org>
- **Consumer Supporter Technical Assistance Center - The Family Café:**
<https://cafetacenter.net/>
- **Peer Experience National Technical Assistance Center (PENTAC)**, a program of the Peer Support Coalition of Florida, Inc. (PSCFL):
<https://www.peersupportfl.org/pentac>
- **The National Mental Health Consumers' Self-Help Clearinghouse:**
<https://www.mhselfhelp.org/>
(*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.)